## Screen all your COPD patients with

# AlphalD



AlphaID provides *completely free* screening for alpha<sub>1</sub>-antitrypsin deficiency (alpha-1)

Alpha-1 is the #1 known genetic risk factor for COPD<sup>1</sup>

## GRIFOLS

## Alpha-1 is the #1 Known Genetic Risk Factor for COPD<sup>1</sup>



Alpha-1 may be a contributing cause in up to 3% of COPD cases in the United States-up to 300,000 people<sup>1</sup>



First described in 1963, alpha-1 is caused by a mutation of the SERPINA1 gene located on chromosome 14<sup>2</sup>

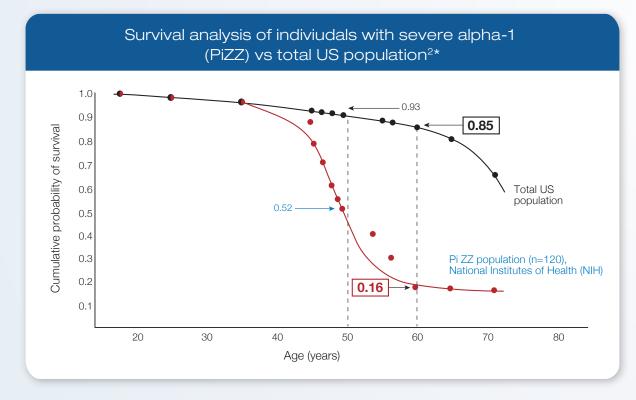


Alpha, antitrypsin protects the lungs from proteolytic attack, particularly by **neutrophil elastase.** Without sufficient levels of alpha, antitrypsin, lung damage OCCUTS<sup>1</sup>



A landmark study indicated that severe alpha, significantly shortened life span<sup>2</sup>

• Mean survival of the alpha-1 cohort (n=120) was 16% at 60 years of age, compared with 85% for the general population



Study Design, 1988: All 120 Pi ZZ subjects evaluated as inpatients in NIH Clinical Center. Various demographic features, clinical findings, and electrocardiogram evaluations were obtained from medical records. Blood and urine laboratory findings were obtained through computerized archives of the Clinical Center Laboratories. Chest radiographs and scintigraphic scans were evaluated de novo at the time of this analysis, with knowledge of the diagnosis but without knowledge of any of the other data. Lung function tests were obtained from the computerized files of the Pulmonary Branch. Mortality data were obtained at the time of this analysis. Alpha, antitrypsin protein phenotypes were determined by a combination of isoelectric focusing of serum, quantitation of AAT levels in serum, and family studies.<sup>2</sup>

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## Alpha-1 is Underdiagnosed<sup>1</sup>

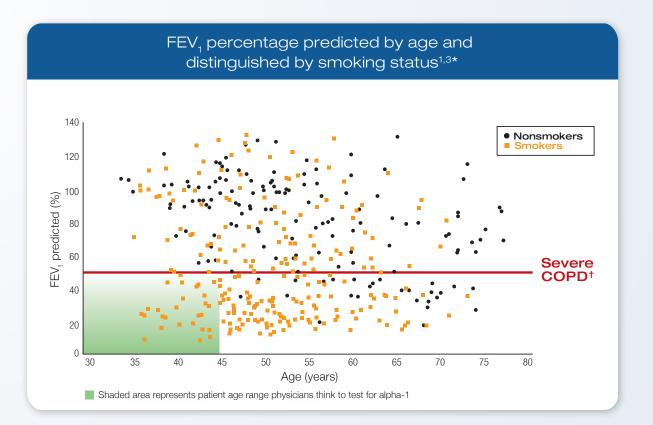




8.3 years



#### Alpha-1 occurs in both nonsmokers and smokers



\*378 Pi ZZ patients. <sup>†</sup>Stage III severe COPD, GOLD guidelines.

#### More than 90% of people with alpha-1 are estimated to be undiagnosed

The **average delay** between the onset of symptoms and diagnosis of alpha-1 is

The average number of physicians seen before being correctly diagnosed is 2.7

## These Major Respiratory Organizations Recommend Targeted Genetic Screening for Alpha-1 in All Patients With COPD<sup>5-9</sup>







**CHEST:** American College of Chest Physicians

## GOLD

**GOLD:** Global Initiative for Chronic Obstructive Lung Disease

**WHO:** World Health Organization

**WHO** 

The American Thoracic Society recommends screening for alpha-1 regardless of age, smoking history, or FEV<sub>1</sub> in<sup>5</sup>:

All adults with symptomatic COPD or asthma



 All adults with symptomatic asthma whose airflow obstruction is incompletely reversible after bronchodilator therapy

- Asymptomatic patients with persistent obstruction on pulmonary function tests and with identifiable risk factors (eg, smoking, occupational exposure)
- All immediate family members of patients who are diagnosed with alpha-1

#### Screening patients with COPD for alpha-1:

- Identifies those with a severe alpha-1 for whom treatment may be appropriate<sup>5</sup>
- Identifies carriers of deficient alleles, which can be passed onto children<sup>1</sup>
- Provides incentive for smoking cessation<sup>10</sup>
- In a follow-up study, 59% of patients with severe alpha-1 attempted to quit smoking after receiving test results and minimal counseling

**COPD Foundation:** Chronic Obstructive Pulmonary Disease

## Ş

Alpha-1 expert clinicians are abnormal results



ERTIFIED

**3-5** DAYS

> Results are **strictly confident** designated office staff



Provided by Grifols at **no cost** and may not be billed to patients or their insurers



#### Cheek Swab

## **Use AlphaID to Screen for Alpha-1**

Each sample is processed by Matrix Clinical Labs, a **CLIA-certified**, independent laboratory and **analyzed by alpha-1 experts**<sup>11</sup>

**Comprehensive results** are available within **5 business days** from the time the sample is returned to the laboratory<sup>11</sup>

Results are accessible through the confidential, easy-to-use portal at myalphalD.com
Results are also received by fax

Alpha-1 expert clinicians are available for personal consultation to discuss

Results are strictly confidential and are shared only with the ordering clinician and



Dried Blood Spot

# AlphalD

## A free, fast, and easy way to rule out alpha-1

	AlphaID:	<ul> <li>Mailer box</li> </ul>	
Fast	A gentle cheek swab that only takes seconds. There are no chemicals to add and no cards to dry	<ul> <li>Prepaid shipping label</li> </ul>	
Familiar	Uses the same DNA collection and screening methods as many at-home genetic testing kits		
Reliable	Delivers accurate and reliable genotyping results <sup>12</sup>	EXA	
		Patient Report	
Specific	Screens for the 14 most-prevalent mutations associated with alpha-1, including S, Z, F, I, rare, and null alleles <sup>12</sup>	Test, Grifols Z/Z DOB: 1/1/2000 MRN: 23-033-0000778 GENDER: M	Ordering Collected Received Reported
Confidential	Results are available only to the ordering	AlphalD	
	clinician and designated office staff	ABNORMAL TEST RESULT Test	Result
Completely		Alpha-1 Antitrypsin Genotype Test	Z/Z
Completely Free	Provided by Grifols and may not be billed to patients or their insurers	Interpretation: PI*M/M is the normal genotype. Abnormal genotype res Clinical correlation with patient's serum alpha-1 antitryp	osin level and clin
		The alpha-1 antitrypsin genotype test specifically detec No other mutations are detected. This test is FDA clear	

The laboratory can be reached at alphaid@trillium-health.com or (888)

Instructions

Cheek swab

Specimen bag

• Requisition form

AlphalD reports the alpha-1 genotype. Any result other than a homozygous MM is considered abnormal.

4101905130007

## The AlphalD kit contains everything you need to collect and submit a cheek swab sample for alpha-1 screening



#### E RESULTS REPORT

lected eived	Provider: <b>Test, Grifols</b> : 3/3/2023 : 3/3/2023 : 3/3/2023						
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z	N/A	A	M/M				
	ed with increased risk of alpha-1 cal presentations are recommer						
	itations associated with alpha-1 nance characteristics determine						
888)261-2812, option 2.							



## **Confirming an alpha-1 diagnosis is simple**

AlphalD CONFIRM FREE Test to Confirm Alpha-1	Efficient	Uses a dried blood spot card to screen for alpha-1 or confirm the results from an AlphaID cheek swab
Simple fingerstick blood collection kit to confirm genotype and obtain alpha-1 level	Comprehensive	Confirms alpha-1 genotype and reports the serum level of alpha <sub>1</sub> antitrypsin
add may not be billed to patients or their insurers	Reliable	Delivers accurate and reliable genotyping results <sup>12</sup>
CRIFOLS	Specific	Screens for the 14 most-prevalent mutations associated with alpha-1, including S, Z, F, I, rare, and null alleles <sup>12</sup>
	Confidential	Results are available only to the ordering clinician and designated office staff
	Completely Free	Provided by Grifols and may not be billed to patients or their insurers

## The AlphalD CONFIRM kit contains everything you need to collect and submit a dried blood sample for alpha-1 screening

- Instructions
- Requisition form
- Two lancets

- Alcohol pads, gauze, and bandage
- Dried blood spot card
- Postage-paid envelope

#### **EXAMPLE RESULTS REPORT**

Test, Grifols_Confirm DOB: 2/2/2000 MRN: 23-079-0000211 GENDER: F	Ordering Pr Collected: Received: Reported:	ovider: Test, Grifols 3/24/2023 3/24/2023 3/27/2023		
AlphalD Confirm			Spec	imen ID: T230830356
ABNORMAL TEST RESULT				
Test	Result	Units	Flag	Reference
Alpha-1 Antitrypsin, Quantitation	250	mg/dL		90-200
Alpha-1 Antitrypsin Genotype Test	M/Z	N/A	А	M/M
Interpretation: M/M is the normal genotype. Abnormal genotype re. Clinical correlation with patient's serum alpha-1 anti The alpha-1 antitrypsin genotype test specifically de No other mutations are detected. This test is FDA c	trypsin level and clinical tects 14 common mutat	presentations are recommende	d. titrypsin deficiency	ι.

(normal is 90.0 to 200.0 mg/dL).



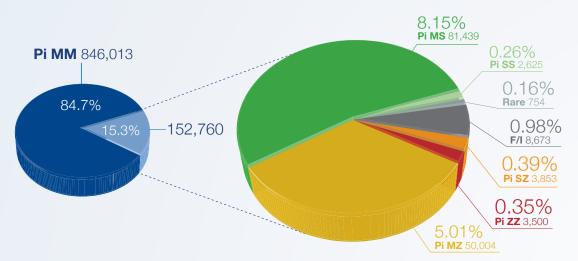
#### AlphaID CONFIRM reports the alpha-1 genotype as well as the alpha<sub>1</sub>-antitrypsin level

## Abnormal Alpha-1 Alleles Are Common<sup>11</sup>

#### Genetic screening found ~1 in 7 patients had deficient alleles

• Of screened patients, 15% were positive for a deficient allele

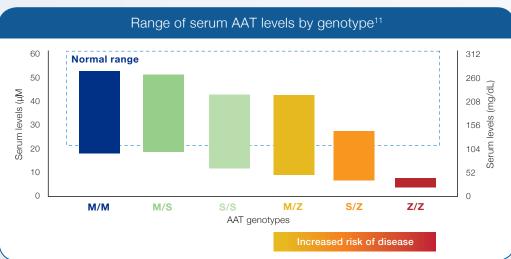
• F and I allele combinations, as well as rare variants, were found in >1% of >1 million patients screened



### AlphalD<sup>™</sup> and AlphalD CONFIRM detect 14 genetic variations associated with alpha-1<sup>™</sup>

- Most common normal allele: M<sup>\*</sup>
- Most common deficient alleles: S. Z. F. I.
- Less frequent deficient alleles: P Lowell, P Duarte, QO Cardiff, Y Barcelona, M Procida, M Malton, M Palermo, M Nichinan, S liyama, M Heerlen
- Null alleles: Q0 Granite Falls, Q0 West, Q0 Bellingham, Q0 Mattawa, Q0 Ourem, Q0 Clayton, QO Saarbruecken

\*M allele means that none of the 14 allelic variants interrogated by the A1AT Genotyping test are detected in the SERPINA1 gene, but other variants could be present. Notes: The various background M alleles (M1,M2,M3,M4) are not detected by PCR but explain the different nomenclatures used for a same mutation.



#### All deficient alleles compromise alpha<sub>1</sub> antitrypsin production, but the effect is most pronounced for the Z allele<sup>11</sup>

## The My AlphaID Portal is a Convenient Way to Manage Alpha-1 **Results for All of Your Patients**

#### AlphalD kits are processed by a CLIA-certified, independent laboratory

#### My AlphalD Portal access is granted by following this 3-step process:

- **1.** Visit myalphaid.com and click 'sign up now'.
- 2. Provide email address and request verification code.
- type for your practice.

### You will be asked to open an individual account or group account manager. If you have multiple provider NPI numbers to enter, please choose group account manager.



#### **My AlphaID Portal provides:**

- Convenient Management
- Timely Results

#### Access confidential results processed by a certified, independent laboratory

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3. Once received, enter verification code, choose your password, and choose account

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## **Use AlphaID to Screen Appropriate Patients for Alpha-1**

- AlphalD provides completely free screening for alpha<sub>1</sub>-antitrypsin deficiency (alpha-1), the #1 known genetic risk factor for COPD<sup>1</sup>
- More than 90% of people with alpha-1 are estimated to be undiagnosed<sup>1</sup>
- Major respiratory organizations recommend targeted genetic screening for alpha-1 in all patients with COPD<sup>5-9</sup>
- AlphaID and AlphaID CONFIRM kits contain everything you need to screen for alpha-1





## **Grifols is Committed to Supporting Patients with Alpha-1**

Grifols is dedicated to advancing the understanding of alpha-1. Grifols has been the leader in alpha-1 screening for more than 30 years and continues to develop innovative ways to screen patients.



**References: 1.** Campos MA, Wanner A, Zhang G, Sandhaus RA. Trends in the diagnosis of symptomatic patients with α1-antitrypsin deficiency between 1968 and 2003. *Chest.* 2005;128(3):1179-1186. **2.** Brantly ML, Paul LD, Miller BH, Falk RT, Wu M, Crystal RG. Clinical features and history of the destructive lung disease associated with alpha-1-antitrypsin deficiency of adults with pulmonary symptoms. *Am Rev Respir Dis.* 1988;138(2):327-336. **3.** Data on file, PROLASTIN DIRECT Program, Grifols. **4.** DeMeo DL, Sandhaus RA, Barker AF, et al. Determinants of airflow obstruction in severe alpha-1-antitrypsin deficiency. *Thorax.* 2007;62(9):806-813. **5.** American Thoracic Society/European Respiratory Society statement: Standards for the diagnosis and management of individuals with alpha-1 antitrypsin deficiency. *Am J Respir Crit Care Med.* 2003;168(7):818-900. **6.** CHEST Foundation. Learn About Alpha-1 Antitrypsin Deficiency. https://foundation.chestnet.org/patient-education-resources/alpha-1-antitrypsin-deficiency/. Last reviewed January 2019. Accessed April 10, 2023. **7.** Sandhaus RA, Turino G, Brantly ML, et al. The diagnosis and management of alpha1-antitrypsin deficiency in the adult. *Chronic Obstr Pulm Dis.* 2016;3(3):668-682. **8.** Global Initiative for Chronic Obstructive Lung Disease. *Pocket Guide to COPD Diagnosis, Management, and Prevention: 2020 Report.* 2022:1-53. **9.** World Health Organization. Global surveillance, prevention and control of chronic respiratory diseases: a comprehensive approach. 2017. https://www.who.int/gard/publications/GARD\_Manual/en/. Accessed April 10, 2023. **10.** Carpenter MJ, Strange C, Jones Y, et al. Does genetic testing result in behavioral health change? Changes in smoking behavior following testing for alpha-1 antitrypsin deficiency. *Ann Behav Med.* 2007;33(1):22-28. **11.** Data on file, Alpha-1 Genetics Laboratory, Grifols. **12.** A1AT Genotyping Test Package Insert. Progenika Biopharma.

